

SLNA Sentinel

Publication of the South Lamar Neighborhood Association

October 2009, Volume 3, Issue 10

www.southlamar.org

Letter from the Prez SLNA WANTS YOU!

OK FOLKS -- we are coming up on the time to elect new officers for the SLNA -- You should really consider if you could take on the duties of an officer -- the open positions are: President, Vice-President, and Secretary. The current holders of those jobs are finishing their second one year term -- which is the limit according to the by-laws. This is not a lot of work and it's unthinkable that we would let the organization dissolve.

It's a great time in the neighborhood -- we're working together on the new park amenities AND the economy has the normal rush of developers in retreat. They'll be back when the economy gets better and we certainly don't want to be un-organized when that happens.

Call me or email me: 512-589-0184 nmaclaine@sbcglobal.net

See you around the 'hood.

Nancy Maclaine

SLNA President 2009

Next SLNA Meeting : Thursday October 15th 7pm at Artz Ribhouse. Come early to eat and visit with the neighbors.

Flu Shot info:

*Flu Shot Information
for the public is available
by calling 2-1-1, 3-1-1,
972-5520.*



Park Update:

Plans for the park are coming together! Our 1st Design meeting with PARD was productive and informative. Great to see 15 of our neighbors adding their voices to the process! Our 2nd meeting on October 10th will focus on the design plans the city has prepared for us. As well as our Adopt a Park agreement so that we can get everything in line for APF Grant approval. These grants will assist us in outfitting the park, but they require "sweat equity". It's important that we start drumming up interest throughout our neighborhood. Letting as many people as we can know about the process we are involved in. Many hands make light work!

The Park Committee is organizing a door-to-door information posse. In an effort to invite people to become involved and to inform them. It is important for everyone to speak up now during the beginning of the planning phase. Once our goals are set and the funding is put into motion there won't be a lot of wiggle room!

Our plan is to use the first APF grant to help with bamboo remediation/trenching and poison ivy removal. The clearing of the creek banks and re-decking of the foot bridge into the park are also being considered. As well as the aeration and re-sodding of the parking area between the creek and Del Curto.

We are having a banner made for the park fence. Announcing our park and letting people know how to keep up to date with what is going on!

Keep an eye out on the Yahoo Group for links to our Park's Facebook page & Twitter.

Welcome to the newest members of our Park Committee! If you are interested in joining just let us know by e mail.

*Thank you,
Amy Zamarripa
Park Committee Chair*

OFFICERS & CONTACTS

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NEXT SLNA MEETING:

*Thursday OCTOBER 15th 2009
at Artz Ribhouse 7pm*

Join the association at the \$10. or \$20. to vote
in the new officer elections.

Get your dues in by Oct. 1st if you can!

Come early at 6:00 p.m. to eat & greet!

2nd Park Design Meeting with PARD:

*October 10th 9:00 a.m. – 11:00 a.m.
SATURDAY*

Meeting site: PARD's main office at 200 South Lamar
in the Board Room

Come out to see the plans that have been drawn up.

Let's all pitch in for this 2nd step in creating
the "Master Plan" for our park!

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We Pick Up

One Mile at a Time

By Julie Smith

Three months ago I had a dear friend who, at the age of 25, was dying. Three months ago I was devastated and hopeless. Three months ago, I signed up to train for a half marathon with The Leukemia and Lymphoma Society's Team in Training program, because I didn't know what else to do. And now, my life is changed.

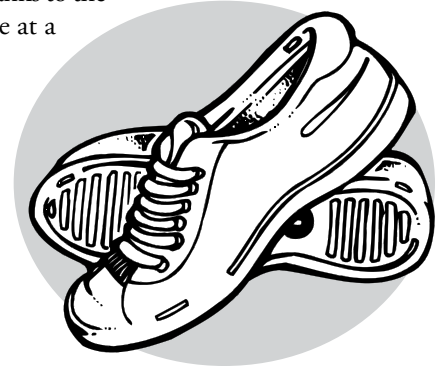
You may have seen me around. We have such a friendly neighborhood, so there's a good chance we've waved as you're walking your dog, or mowing your lawn or driving by in your car. I'm new to running and new to the neighborhood, so as I hit the concrete and push the limits of my endurance, I'm also exploring my new surroundings and enjoying the presence of the people around me.

Team in Training has been, to say the least, an incredible experience for me. The Leukemia & Lymphoma Society (LLS) is the world's largest voluntary health organization dedicated to funding blood cancer research and providing education and patient services. More than \$600 million has been invested in research since 1949 – more than \$71 million in 2008 - specifically targeting leukemia, lymphoma and myeloma. Last year alone, LLS made 6.3 million contacts with patients, caregivers and healthcare professionals. Over the past 20

years, Team In Training (TNT) has grown to become an unparalleled sports training program. More than 389,000 participants, from first timers to seasoned athletes, have trained with the Team and achieved their best at marathons, half marathons, triathlons, bike rides and hiking adventures.

I joined with TNT in May to raise money for LLS, and three months later, it's a part of my life I can't imagine living without. One mile at a time, the streets in our neighborhood begin to feel like home. One mile at a time, I learn I'm capable of more than I ever thought I was. And thanks to the Team in Training, one mile at a time, lives are being saved.

*To get involved, visit
[http://www.
teamintraining.org/ctx/](http://www.teamintraining.org/ctx/).*



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Spider Mites

It's hot. It's dry. It's a perfect time for spider mites! Spider mites are common plant pests that are found on the under side of leaves. Their feeding can cause leaves to discolor, causing a speckled appearance. With severe infestations, the plant leaves discolor to a silver or bronze color which may result in the leaves dropping from the plant.

Spider mites are arachnids, closely related to spiders and ticks. Similar to spiders, spider mites can produce silk and often cover leaves with webbing, especially when there are large populations. The webbing helps to protect the mites and their eggs from natural enemies and harsh environmental conditions.

The mites are able to develop more quickly when temperatures are warmer, so populations can grow very quickly. Spider mites thrive in dry conditions. Their natural enemies require more humid conditions, so dry conditions allow spider mite populations to grow with little predation or parasitism that would keep the population at an acceptable level.

There are many predatory arthropods that feed on spider mites. Some of these include predatory mites, spider mite destroyers (a type of ladybug), minute pirate bugs, big-eyed bugs and predatory thrips. Proper watering of plants may also help to reduce spider mite outbreaks as watering plants can help reduce stress brought on by drought. Using strong jets of water to hose plants can also help to dislodge spider mites on infested plants. Miticides or acaricides can be used to manage spider mite outbreaks. Look for active ingredients such as horticultural oils, insecticidal soaps, abamectin, bifenthrin, dimethoate or acephate.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Also check out www.urban-ipm.blogspot.com

The perfect church for people who aren't.

The Purity Code	Sundays	9:30 am (parents of students)
Grief Share	Sundays	11:00 am
Soul Mates	Sundays	11:00 am (seriously dating, engaged, newlywed)
Home Alone	Sundays	11:00 am (empty nesters)
Family Walk	Sundays	11:00 am (parents)
Celebrate Recovery	Mondays	7:00 pm
Esther <i>Beth Moore</i>	Wednesdays	9:15 am or 6:30 pm (women)
Ephesians <i>Kay Arthur</i>	Wednesdays	9:15 am or 5:30 pm (women)

Sunday Morning Schedule

9:30 . Blended Worship | 11:00 . Contemporary Worship | 9:30 & 11:00 . Bible Life Groups (all ages)

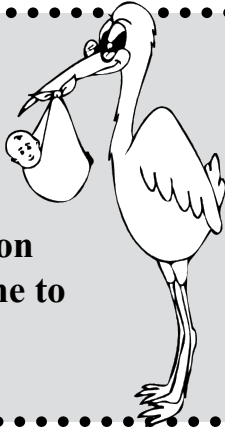
Great Hills Baptist Church | www.ghbc.org
10500 Jollyville Road . Austin, TX . 78759 | 512.343.7763

Notice: Irrigation Installation Seminar

Learn how to install one type of drip irrigation system, Friday, October 16, 9 a.m. until 11 a.m. at the Demonstration Garden at Travis County AgriLife Extension Office, 1600 "B" Smith Rd., Austin. This is a hands-on demonstration, so you can help with construction or just watch. This free event is sponsored by the Travis County Master Gardeners Association. For additional information, call (512) 854-9600 or visit www.tcmastergardeners.org.

Stork Report South Lamar

Submit your information on the arrival of your little one to amyjoeda@gmail.com.



New Cell Phone Law

*"I'll Have to Call You Back;
I'm in a School Zone."*

THE LAST SESSION OF THE TEXAS LEGISLATURE PASSED A NEW LAW MAKING IT ILLEGAL TO USE YOUR CELL PHONE IN A SCHOOL ZONE. THE EXCEPTIONS ARE:

- if you are using a hands free device
- if your vehicle is stopped
- if you are calling 911 for an emergency.

The law took effect September 1, 2009. Soon you can expect to see new signage in school zones reminding drivers to hang up or face a fine of up to \$200.



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minimum daily balance of \$2000 required

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¹regular - minimum deposit of \$1000 required

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²jumbo - minimum deposit of \$95000 required

15 AUSTIN METRO LOCATIONS

South Lamar Neighborhood Association *Membership Form*

Membership Status (please circle one):

New Member / Renewing Member

Please complete the following. Print Name(s) (Couples, please use both first names):

Mailing Address: _____

City, State, Zip Code: _____

Area Code and Phone Number: _____

E-Mail Address: _____

☐ Check here if you want to join SLNA's Yahoo Email Group.

If you live outside SLNA's borders, the address of the SLNA property that you own:

Annual Membership: \$10.00 per household (due in January of each year)

OR be a "Star Contributor" for \$20 (or more) per year.

TOTAL ENCLOSED \$ _____

☐ _____ Check here if you are making a request for Hardship Waiver of Membership fee..

Make check payable to "South Lamar Neighborhood Association". and mail to:

Sally Merritt, P.O. Box 142666, Austin, TX 78714.

Also check out the SLNA Web site at www.southlamar.org.

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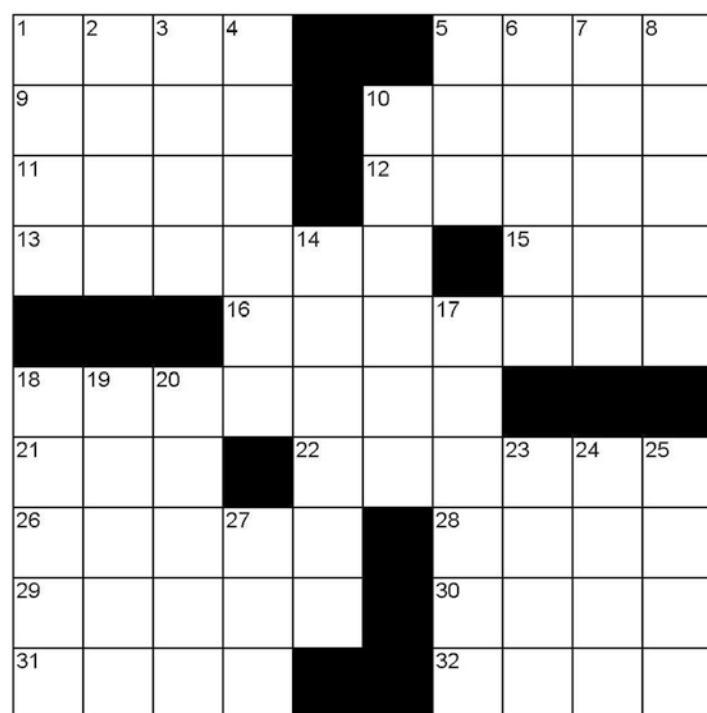
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Crossword Puzzle



ACROSS

1. Syllables used in songs (2 wds.)
5. Swiss mountains
9. Waterless
10. Expression
11. Unwanted plant
12. Striped animal
13. Seasickness symptom
15. Affirmative
16. Set loose
18. Pups
21. Epoch
22. Vapors
26. Vapor
28. Singing voice
29. Japanese city
30. Not mine
31. In ___ (together)
32. Skewer

DOWN

1. Worship
2. Domain
3. In ___ of (instead of)
4. Totals (2 wds.)
5. Wood chopper
6. African country
7. Tiny skin holes
8. Hit
10. Rhododendron
14. Mystery
17. School writings
18. Spanish coins
19. Salaam
20. Encomium
23. Pig food
24. Decorative needle case
25. Classify
27. American Kennel Club (abbr.)

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